



**“Building Capacity
for Our Coalition’s
Collective Impact”**



About Us

The Nevada Lifespan Respite Care Coalition (NLRCC) is a statewide coalition comprised of 84 member organizations and individuals from across the state's private and public organizations, as well as university and state offices in the northern, rural and southern counties of Nevada. In its entirety and diversity, all our members are committed to our **vision** of "Adequate Respite Care For All."

The Nevada Lifespan Respite Care Coalition (NLRCC) was chartered in 2007 as a voluntary organization with the mission to support caregivers in our community by promoting awareness and access to, as well as coordination and advocacy for respite services in Nevada throughout the lifespan.

Respite: The **mission** of the Nevada Lifespan Respite Care Coalition is to support caregivers in our community by promoting awareness and access to, as well as coordination and advocacy for, respite services in Nevada throughout the lifespan.

The NLRCC serves as a catalyst through its ability to advocate, educate, engage community and convene partners for collective impact around a shared vision and agenda.



Our **Priority** Areas



Awareness and Acceptance of Respite Care as a “normalized” experience and valued service: Respite care is simply defined as giving unpaid family caregivers a short break from caregiving by filling in for them to provide care while allowing them uninterrupted personal time to use as they like.



Diverse, Affordable, and Accessible Opportunities for Respite Care: The service fits the need and choices of consumers.

What is Respite?

Respite care is giving unpaid family caregivers a short break from caregiving by filling in for them to provide care while allowing them uninterrupted personal time to use as they like.

Respite is short term, not permanent care.

Respite is: • Getting a break • Breathing space • A chance to get out
• Uninterrupted personal time • A two-hour lunch with a friend •
Exercise • Taking care of your own health • Being
able to take a vacation • Shopping



What Caregivers Say

"Respite allowed me to go to my own doctor's appointment, and now I am able to take care of my own health."

"I am so appreciative to receive a voucher for respite care. I work full time and my children would have to stay home from school to help with the caregiving. Now, I have the help I need during the time we are not available."

"I am so grateful that my wife is now able to go to church every week and reconnect with her friends. It makes me happy and it makes her happy."

"Thank you for helping and enabling me to take some time to go visit my new granddaughter."

Strategy for Building Capacity

Goal: Increase awareness about respite care.

WE WILL

- Implement a Respite Awareness campaign that informs and educates both caregivers and the public about benefits of and resources for utilizing respite care.
- Advocate for respite for caregiving in communities so that people will see “caregiving” as a role that requires breaks and help.
- Utilize outreach and educational sessions as a way to learn more about what each community needs in order to shape our education and advocacy approaches.





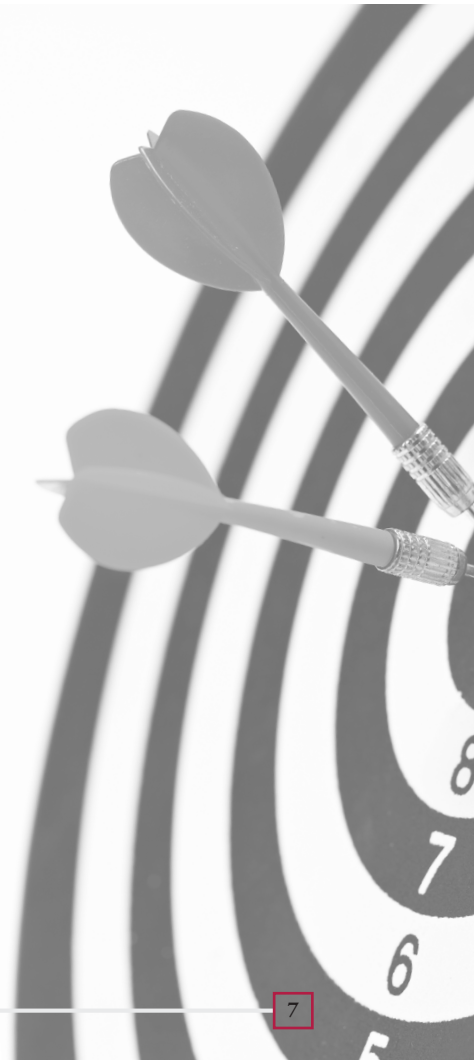
Goal: Promote choice, access, availability and diverse opportunities.

WE WILL

- Increase respite workers to adequately meet the need in target communities.
- Identify non-traditional resources for respite in rural communities.
- Empower consumers to use their voice and have control over their respite choices.
- Train respite care providers/agencies in new ways of providing respite as consumers (caregivers and those requiring care) request other options.
- Advocate for robust respite care that covers the lifespan and specifically fills service gaps for those 18-59 years and veterans.

Accomplishments

- Created a plan and budget for 2019-2020.
- Actively interviewed and selected a fiscal agent—pending final approval ---Nevada Rural Counties RSVP Program, Inc.
- Have monthly coalition meetings that are more participatory and effective.
- Identified co-facilitators from NLRCC membership to plan and conduct the meetings.
- Created public information materials and presentations:
 - a NLRCC brochure
 - information cards for distribution by membership at meetings and networking opportunities
 - PowerPoint presentation to educate community groups and coalitions about respite
- Distributed approximately 100 information cards throughout Nevada
- Presented NLRCC and respite care to a rural community coalition
- Conducted regular board meetings, for which a majority of the meetings had a quorum.
- Increased new members that have added fresh perspectives.



Improvement Goals

- Create and support a sustainable model of leadership from within where each member sees how they can take action and assume responsibility for different aspects of NLRCC.
- Increase our ability to take independent action on priority items—setting deadlines and person(s) responsible for insuring movement.
- Contract with an entity to develop a robust website, secure a general email, and have an on-line and virtual presence.
- Successfully secure a fiscal agent, even temporarily, to manage funds for the 2019-20 and 2020-21 budget years and their approved activities.
- Hire a project director to work with our fiscal agent and provide backbone support to our organization.
- Gain a better of understanding about how state grants and funding mechanisms work.

Our Success Model



Who We Are



Officers and Board of Directors

Susan Gulas - President, Cimi Neal, Kathy Doyle, David Nichols, Susan Haas, Cory Lutz, Denise Hund, Gini Cunningham, Korine Viehweg, Vicki Lebsack

Organizations:

AARP	Helping Hands of Vegas Valley	RSVP
Access to Health Care	Home Care	Rural RSVP
Alzheimer's Association of No. Nevada	Integrated Behavioral Healthcare	Sanford Center for Aging, UNR
Alzheimer's Association of So. Nevada	Interim Healthcare	Seniors in Service
A-Plus Hospice Care	JUSTin Hope	State of Nevada, Department of
Cascades of the Sierra	Legacy Health & Wellness	Health & Human Services
Center for Adaptive Riding	Lou Ruvo Center for Brain Health	State of Nevada, Aging and
Center for Healthy Aging	Money Management Int.	Disability Services
The Children's Cabinet	More to Life Adult Day Care	Stone Valley
Community Foundation of Western Nevada	Nathan Adelson Hospice	
Consumer Direct Personal Care	Northern Nevada Disability Access	
Continuum	Neighbor Network of Northern Nevada	
Dawson & Lordahl PLLC	Nevada Caregiver Coalition	
Desert Regional Center	Nevada Department of Veteran's Services	
Dynamic Home Health Care/ A Simple Solution	Nevada Fund	
Eagle Valley Children's Home	Nevada Senior Guide	
East Valley Family Services	Nevada Senior Services	
Friends of Parkinsons	PAD 2020	
Give Me a Break	Rape Crisis Center	
Headstart of Nevada	RAVE Family Foundation Northern Nevada	

Who We Are



Members:

Jamie Ahumada	Kim Donohue	Vicki Salazar	Dillon Lutz	Lori Waldorf
Jamilla Ali-Rahman	Jeff Doucet	Isaac Santa Ana	Kelly Macmillan	Karla Walker
Luiza Benisano	Kathy Doyle	Lisa Shavies	Marta Malone	Karen Caldwell Weil
Linell Bollacker	Jeff Duncan	Mary Squillante	Francesca Manual	Larry Weiss
Elizabeth Brickfield	Ivan Espinoza	Jenelle Stathes	Karen March	Barbara Westcott
Mary Brock	Kathleen Flores	Maricela Gutierrez	Beth Bellaro	Carrie White
Gretchen Canepa	Debra Fredericks	Susan Haas	Juliet Mendoza	Cathy York
Lisa Colivito	Sheila Garner	Kathy Hanson	Dena Miguel	
Cassandra Cotton	Barry Gold	Denise Hund	Cimi Neal	
Alexandra Crockett	Esther Gregurek	Chrisiana Karcher	David Nichols	
Brianna Crouch	Ellen Grossman	Dr. Zaven Khachaturian	Donna Padilla	
Jewel Cueller	Susan Gulas	Jeff Klein	Melissa Peterson	
Gini Cunningham	Fred Ranney	Courtney Knapp	Tracie Pistone	
Lindsay Dague	Christine Riggi	Vicki Lebsack	Erika Pond	
Amy Dewitt-Smith	Rique Robb	Joan Colleen Lee	Renee Portnell	
Marika Dimitriadis	John Rosenland	Tracy Lewis	Craig "Bear" Stevens	
Dan Dinnell	Diane Ross	Audrey Liggins	Paul Thornton	
Cheryl Dinnell	Niki Rubarth	Mary Liveratti	Nick Tscheekar	
Jeff Dold	Brandy Runge-Rundell	Cory Lutz	Korine Viehweg	



Nevada Lifespan
Respite Care Coalition

NVCaregivingRelief.org

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